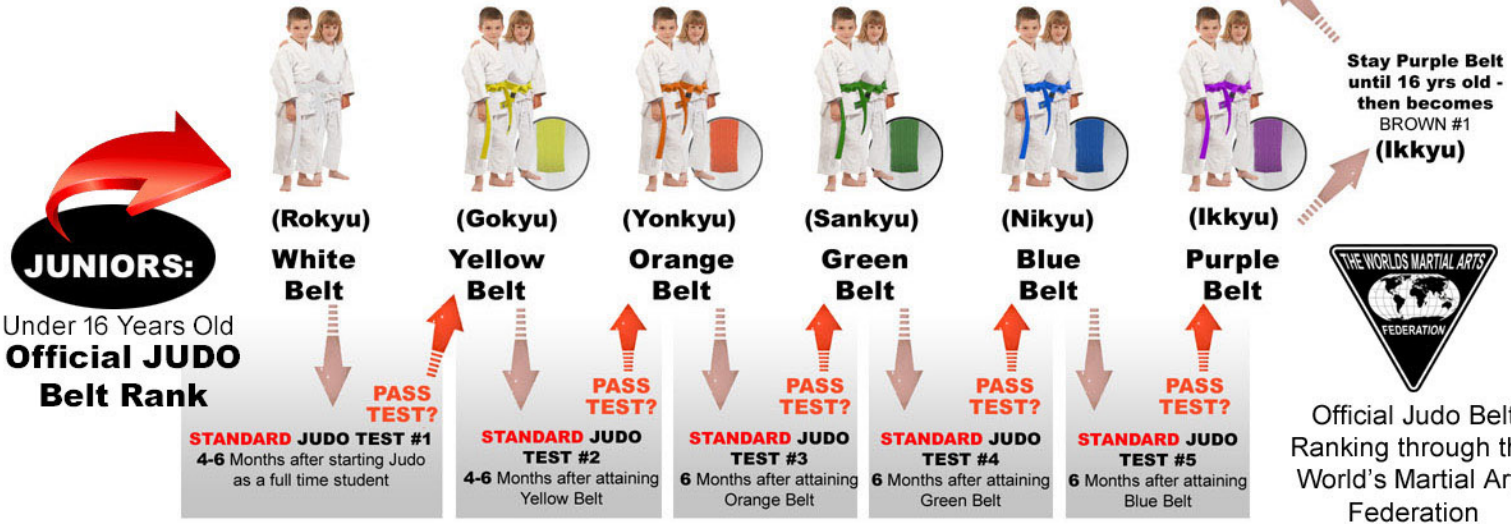
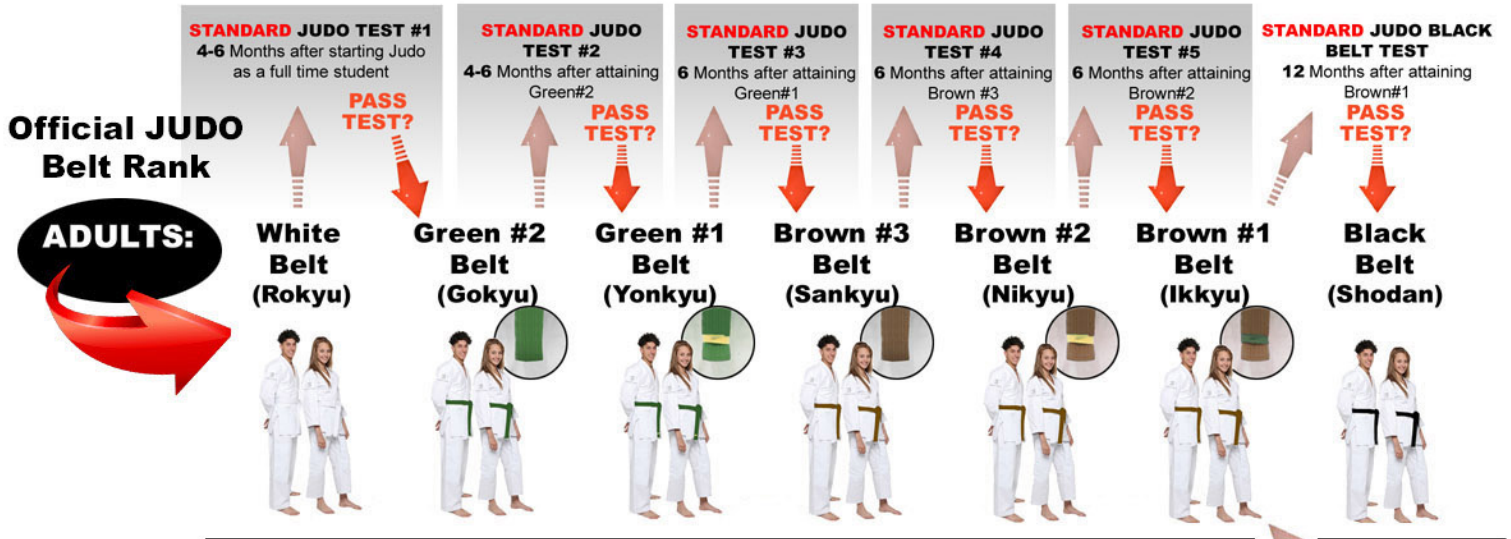




Standard Judo Belt System and Groundwork Specialty System



The system varies between 16+ (Adult) and (Junior) students. Junior Students are not allowed to test for Black Belt until they are 16 years old. Below is the Belt Progress Chart for Adults and Juniors along with the Japanese terms for each Rank, and the addition of the OPTIONAL Groundwork Specialty System.



OPTIONAL SPECIALTY GROUNDWORK (NEWAZA):

The "DRAGON" tests can be taken by students regardless of Official Judo Rank. Juniors will be tested on all techniques including those limited to Adults in competition.

DRAGON EMBROIDERED ON BELT
Once student successfully completes test.



The optional Groundwork Specialty System gives the students an extended curriculum which covers more detailed aspects of ground fighting (Newaza). The optional Groundwork System does NOT have anything to do with your official Judo Rank (certified by the World Martial Arts Federation). The Standard Belt Tests will only cover age-appropriate techniques for Judo competition. The Groundwork Specialty Tests will cover all techniques regardless of age.