






















JUDO COMPETITION TERMINOLOGY AND GESTURES



 IPPON	 WAZA-ARI	 WAZA-ARI-AWASETE-IPPON	 PENALTY	 FALSE ATTACK
 OSAEKOMI	 TOKETA	 SONO-MAMA ⇄ YOSHI	 NON COMBATIVITY	 5 SECONDS IN DANGER ZONE
 HAJIME ⇄ SORE-MADE	 MATE	 TO CANCEL EXPRESSED OPINION	 NOT VALID	 ADJUSTMENT OF JUDOGI
 TO CALL THE DOCTOR	 SIT DOWN ⇄ STAND UP	 KACHI (winner in a normal contest)	 HIKIWAKE (tie, no winner)	